

July 2026

Saint Peter's Lutheran Church

2570 St. Peter's Church Road
Salisbury, NC 28146
Church Office: (704)279-5054
Church Email: saintpetersnc@gmail.com
Church Website: saintpeterslc.org



Church office

Rev. Sue Lynn White

(770) 833-1922 (cell)

(704) 209-1236 (parsonage)

pastorsuelynn@gmail.com

Email: saintpetersnc@gmail.com

Financial Secretary: Jennifer Welch

Secretary: Dena Najarian

Music Director/Organist: Lucy Shue

(704) 637-1425

Custodian: Ronnie & Betty Pierce

Preschool Director: Charlene Childers

(704) 209-1693

Council

Council President: Jan McCulloh

Council Vice President: Dr. Alan King

Treasurer: Linda Lambirth/ Ken Kluttz

Council Secretary: Kathy Lentz

Outreach: David Najarian

Indoor-Property: Dr. Alan King

Outdoor Property: Frank King

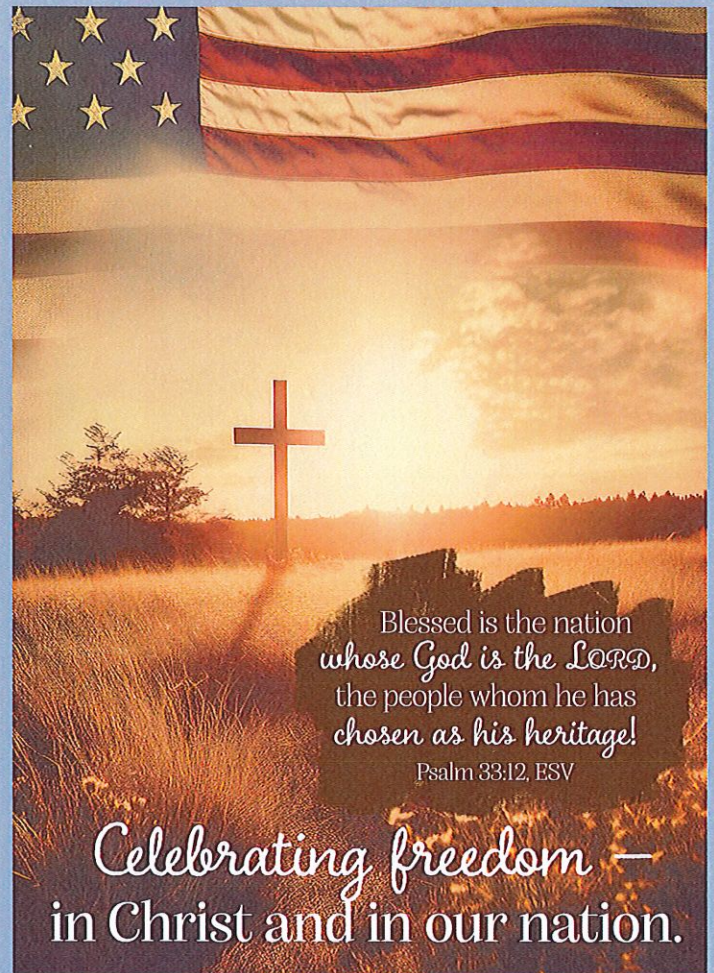
Christian Education: Nathan Pressley

Cemetery: Ken Kluttz

Youth: Jan McCulloh

Care for Congregation: Glenda Vickers

Worship/Music: Mark Shue



Nursing Home/Homebound

- **Junior Lyerly: 1435 Sides Road, Salisbury, NC 28146**
- **Sue Misenheimer: Trinity Oaks (306-A)
728 Klumac Road, Salisbury, NC 28144**
- **Judy Peeler: Trinity Oaks (D-4)
820 Klumac Road, Salisbury NC 28144**
- **Buddy Waller: 9325 Fisher Road, Rockwell, NC 28138**
- **Brenda H. Trexler: Brookdale Senior Living (#28)
2201 Statesville Boulevard, Salisbury, NC 28147**
- **Lynn DeBerry: 3665 St. Peter's Church Road
Salisbury, NC 28146**
- **Jean Holshouser: Trinity Oaks (251-D)
728 Klumac Road, Salisbury, NC 28144**
- **Marcia Ritchie: 403 Garner Drive, Salisbury, NC 28146**



From the Pastor's Desk:

As we enter into the "dog days of summer," I thought I would do something a little different. I thought I would share a blessing from Kate Bowler's book *The Lives We Actually Have*: 100 Blessings for Imperfect Days. The blessing is from the section "Bless This Beautiful, Limited Life" and is called 'For Beginnings and Endings.' This life is made up of so many beginnings and so many endings. We start new jobs and leave old ones. We move to new cities and leave our childhood hobbies in our parents' basements. (Sorry, Mom) We become new people slowly (hopefully kinder and funnier?). Friends and relationships come and go. Dreams blossom and then they wither.

And we find ourselves here once again at the precipice of change. Afraid to let go, and afraid of what will happen if we don't. Might this be a place of blessing too?

Blessed are we standing in the hallway between closed doors and ones still to come, between the old and the new, between the worn-in and the doesn't-quite-yet-fit, between who we were and who we might become.

God, make it remotely possible

to grow and change, become open to new adventures, and untethered to routine or to the same-old. Because the anxiety rising in my shoulders and filling my throat tells me I am unlikely, unwilling, to step forward.

Blessed are we who take a minute to look over our shoulder at all we learned from what was, the people we became, the people who loved us into becoming. The peace that came with familiarity.

Blessed are we who trust this timing, and who open our hearts anew to change, to new friends, to hope. Nervous, maybe heavy-hearted, but brimming with gratitude for a life so beautiful that it hurts to say goodbye.

Blessed are we, turning our eyes ahead toward a new path not yet mapped, God, give us courage to take this next step, and enough for the one after that, too. Remind us that you have gone before, and behind, and around, and are with us now.

In our leaving, in our arriving, in our changes, expected or shocking, surprise us with who we might become.

Summer Blessings!
Pastor Sue Lynn



Fearless on the Fourth of July

By: Patrick Coble

A soldier's story of how a community helped him battle his fear of fireworks through prayer.

I could see the excitement on my 7-year-old's face in the rearview mirror. We were driving home from church, and our pastor had talked about the town's Fourth of July celebration, next week at the ball field.

The church would be sponsoring a hot dog stand, a moon bounce and face painting. There'd also be a baseball game."

It'll be awesome, Dad," Angus said. "Will you go with us this year? We can watch the fireworks!"

I had to suppress a shudder. My wife, April, shot me a worried look. "Angus," she said, "remember, Daddy needs to leave before the fireworks."

Angus's face fell. "Oh yeah."

It might seem strange that a thing that brings so much joy to a 7-year-old would strike fear into the heart of a grown man—especially an ex-soldier. But I hadn't attended a Fourth of July celebration in six years.

Not after what happened my first Independence Day back from active duty in Iraq. We were living in El Paso at the time, in army housing at Ft. Bliss.

April and I brought baby Angus with us to a friend's barbecue. We stood in the backyard chatting while Angus napped in the house. Then I heard it. Pop! Pop! Pop! Pop! Small ammunition—machine-gun fire.

"Incoming!" I yelled, and dove to the ground. I lay on my stomach, my hands covering my head, my heart pounding as I waited for the all clear.

"Patrick, man, you all right?" I looked up to see my friend and April crouched beside me. What were they doing there?

Then I started to get my bearings back. I wasn't with my battalion in Iraq. I was home. Across the street I could see the neighbors, lighting strings of firecrackers. Not gunfire. Just firecrackers.

I stood up, as embarrassed as I'd ever been. "Sorry," I muttered. I knew I wasn't in a combat zone, but my pulse raced like I was. My stomach was in knots, every hair on the back of my neck stood on end.

Everyone was sympathetic, but I couldn't enjoy the rest of the party. I kept feeling that something or someone was waiting to attack from out of nowhere.

When the city fireworks started, I retreated inside the house and April followed, missing the show on my account. No more fireworks for me. Never again.

I pulled the car into our driveway, my son's request hanging in the air. All these years later I still couldn't face the Fourth.

I had my own tradition—shutting myself in my bedroom, turning down the lights, cranking up the volume on the TV and playing College Football on PlayStation till the booming and crackling was over.

We went inside. Angus's disappointment really got to me. I revered my father—he was an Army veteran, the main reason I enlisted. My son looked up to me the same way, and now he was old enough to draw his own conclusions about why I hid out every Fourth.

Would he learn that the best way to deal with fear is to shrink from it? Lord, is that what I'm teaching him?

I'd been through a lot of changes in the past year. Last summer, I'd lost my job at an oil company. Our family's finances got stretched to the limit.

It took me a few months to find another job, driving a truck for a soft drink company—at a third of my former salary. I was grateful, but for a while we weren't sure how we could afford to buy Angus new shoes for the upcoming school year.

Then we heard about a community outreach sponsored by a church. They were buying shoes for kids. We went to the shoe store, and Angus picked out a pair he liked. I felt a little ashamed accepting charity, but the minister was friendly. "I can't thank you enough," I said when he paid at the register.

The next morning was a Sunday and I was planning to sleep in, as usual. But at 7 a.m. Angus marched into our room. "We need to go to church," he said, "to thank them for the shoes."

"We already thanked the minister," I said. "Remember?"

Angus wouldn't budge. "The people at the church gave their money to pay for the shoes. They're the ones I want to thank."

That Sunday service was the first I'd been to in a long while. Everyone was welcoming. What the pastor said really moved me. "We often feel alone with the challenges we face," he said, "but God is always with you."

My eyes filled with tears. Yes, my family faced challenges, but we weren't alone. I stood up, walked forward and accepted God into my life. April,

Angus and I became regulars. The youth pastor talked me into helping with the youth group. April volunteered for community outreach projects, like the shoe drive. Getting to know God had enriched my life. Could he help me overcome something that felt so deep and so impossible to conquer?

All day I couldn't forget that disappointed look on Angus's face. I wanted to see him excited!

After we put him to bed that night, I told April what was on my mind. "I want to do this," I said, "for Angus. I just don't know if I can."

"I believe you can this year," April said. "You're different now. I've seen it."

At our church's parenting class that week, I told everyone about the fireworks, about Iraq, about my terror. About how sometimes, wars are never over. They gathered close to me. April put me on the prayer chain and posted about my struggle on the church's Facebook page.

I was stunned by the messages I received. "We're all praying for you." "You are loved and being looked after." "May God bless you and your family." It was like having a whole new band of brothers I could count on. With their encouragement, I signed up to take a shift at the hot dog stand.

I called my dad, knowing he'd have good advice. "Position yourself so you can see the fireworks being lit," he told me. "That way, you won't be caught off guard. And, son, most important..."

“Yes, Dad?”

“Surround yourself with people you know and trust.”

Finally it was the Fourth of July. On the drive to the baseball field, Angus couldn't sit still in the backseat, pressing his face against the window. The field came into view, and then the parking lot, jammed with tents and booths.

We pulled in. Some families were already spreading blankets out on the grass, saving the best spots for the fireworks.

Angus made a beeline for the moon bounce. I headed to the hot dog stand to hand out franks. Then April, Angus and I sat in the stands and watched the ball game—our boys from Liberal versus archrival Dodge City. Liberal beat them by two runs! I cheered as wildly as Angus.

At dusk, I got antsy. Band music blared. Last year I would have hurried home to that dark room and those video games. April took my hand and held it tight. We watched the sunset. I

remembered what my dad said. Where were the fireworks being lit? Would I be able to get a view?

“We've got your back, Patrick,” I heard someone say, and turned to see two of our friends from church. Another couple we knew was next to them. “We're praying for you,” they said.

I noticed a lot of our church friends gathering around. I thought about the prayer chains, the Facebook messages. So many people asking God to watch over me. Of all those I could surround myself with, was there anyone more powerful than God? Or anything weaker than my fear?

The pyrotechnics team took their place in the outfield. I hoisted Angus onto the dugout and stood beside him. The team lit the fuses. Lord, I know you're here and you'll be with me.

The first firework whistled into the air and popped. I took a deep breath, and kept watching. Then came another explosion and splash of color. Silver streaked the sky, pompoms of red, white and blue.

“Look, Dad!” Angus shouted, pointing skyward, his eyes lighting up. I wrapped my arms around him.

“I'm looking,” I whispered, gazing high into the Technicolor sky, celebrating, for the first time in years, my Independence Day. It was beautiful.





Our garden ministry provides fresh vegetables to many of our neighbors in need through the East Rowan Community Food Bank, based at our church. The garden is located at the “hut” and is lovingly tended to by a small group of the garden committee members. These members are dedicated in getting the soil ready, tilling, planting, watering and gathering. It can be a lot of work, but it does not need to be. Most of us live close by the church and can pick a day of the week to water or gather the garden during the summer months. This would relieve a lot of work, possibly expand this ministry and allow our food bank neighbors to have fresh vegetables. If you or your family would like to take a day of the week in the summer to help tend our garden please contact Lorrie Olive, David Najarian or the church office. There will also be a sign-up sheet in the Narthex.

“Creator God, we thank you for this space to grow, connect, and thrive. Bless our tools, our seeds, and our community. May this garden bring nourishment to our bodies, peace to our spirits, and unity to our neighborhood. Amen.”



The number of lbs. gathered from the garden for the month of June: 88 lbs.

Ways you can SERVE



Volunteer at our Food Pantry. We need volunteers on Friday to scan and package, and on Saturdays to distribute., the second and third Saturday of each month.. Reach out to Debbie Hill if interested.



Meals on Wheels delivers meals to shut-ins. If you would like to be a driver and brighten someone's day reach out to George Lentz on how you can help.



Our church prepares and serves meals at Jeannie's kitchen every other month for the homeless. You can serve by reaching out to the group that is hosting to see what they need help with.



Our garden ministry is not just during the summer months. Reach out to Lorrie Olive if you would like to be involved in this ministry. Wee need people to water and gather daily.



We have new council assignments for committees. Please consider joining one of the committees and helping with our ministries. You can reach out to the council member assigned to the committee you would like to join.

Jan McCulloh: Youth

Dr. Alan King: Indoor Property

Frank King: Outdoor Property

David Najarian: Outreach

Glenda Vickers: Care of Congregation

Nathan Pressley: Christian Education

Ken Kluttz: Cemetery

Mark Shue: Music & Worship



- **Indoor/Outdoor Property: 1st Thursday of each month @ 6:30pm**
- **Christian Ed./Youth: 2nd Monday of each month @ 6:00pm**



Just as the son of man came not to be served but to serve.

Matthew 20:28

Lector(s)

5- Ellen Troutman
12- Linda Lambirth
19- Joshua Hastings
26- Joy King

Assistant Minister

5- Marty Puckett
12- Sierra Pressley
19- Jan McCulloh
26- Mark Shue

Live stream: Nathan Pressley

Organist: Lucy Shue

Power Point: Brian White

Communion Preparers

1st Sunday: Crystal Nesbitt
2nd Sunday: Jan McCulloh
3rd Sunday: Lorrie Olive
4th Sunday: Linda Lambirth
5th Sunday: Eleanor Morgan

Council Members Assisting with Holy Communion

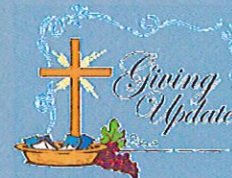
July: Linda Lambirth

Sound System

1st Sunday- Daryle Olive
2nd Sunday- Duncan White
3rd Sunday- William Barger
4th Sunday- Duncan White
5th Sunday- William Barger

Ushers

5- Debbie Hill, Bobby Lambirth, William Barger, George Lentz
12- Linda Lambirth, Larry Nesbitt
19- Linda Lambirth, Debbie Hill
26- Linda Lambirth, Jamie Lyerly



Money Counters

1st Sunday: Ken & Joyce Kluttz
2nd Sunday: Linda Lambirth & Brenda Trexler
3rd Sunday: Linda Lambirth & Brenda Trexler
4th Sunday: Jamie Lyerly & Debbie Hill
5th Sunday: Jamie & Jill Lyerly

St. Peter's Giving & Attendance

Total given for June: \$12,045.16

Monthly Requirement: \$16,015.95

Deficit for June: \$3,970.79

Average Attendance for June:

Shelter (15) Sanctuary (36)

you're in our PRAYERS

If there is anyone listed on our prayer list, that needs to be added or removed, please call the church office. Thank You! 704-279-5054

Disciples of St. Peter's:

Guy & Betty Puckett, Jim & Phyllis Cornelison, Jake & Phyllis Trexler, Jerry Sides, Ernie & Linda Cooper, Phil & Carol Boyette, Brenda H. Trexler, Thelma Barger, Judy Peeler, Lynn DeBerry, Jean Holshouser, Marcia Ritchie, Mary Miller, Buddy Waller, Bobby Lambirth, Frank King, Barbara King Sue Misenheimer and the family of Stacy Fraley who passed away June 27th 2026.

Friends of St. Peter's Family:

Chris Eller (friend of Pat Kluttz), Jerry (Marcia Ritchie's brother), Annette McKinney, Susan and Ronnie Loflin, Lisa Roseman, Sheila Barringer, Emil Isbanioly (Leslie Puckett's nephew), Rachel (PSL's Niece), Kitty "Surachna" Eller (friend of Pat Kluttz), Bonnie Christian, Sugar Man Miller (Lucy & Mary Shue's brother), and Lisa Fraley.



- 1- Linda Lambirth
- 2- David Faulkner
- 3- Jaxon Webster
- 4- Ken Kluttz
- 6- Darin Brown
- 11- Coleman Lambirth
- 16- Alan King, Joyce Kluttz,
Brenda H. Trexler
- 17- Phil Boyette
- 19- Alan Brown
- 20- Steve Troutman
- 21- Pastor Sue Lynn White
- 24- Danielle Porter
- 25- Thelma Barger
- 30- Jessie Faulkner



- 15- M/M George Lentz
- 24- M/M Marty Puckett
- 25- Dr. & Mrs. Alan King
- 28- M/M William Barger
- 30- M/M Alan Boyd

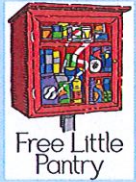


- Emma Blackwell
- Ethan DeBerry
- Daniel Troutman
- Collin Davis



Altar Flowers

If you would like to place flowers on the altar in memory or honor of someone, please contact Lorrie Olive or Dena Najarian to sign up.



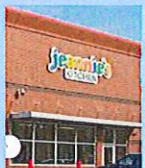
Blessing Box

Our little blessing box has been used frequently during the past two months. If you would like to contribute to this mission you can place items in the Narthex labeled "Blessing Box" or place them directly into the box. When placing in the box, make sure that the food is in closed containers and the door is latched when finished.



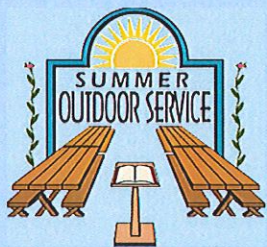
Food Pantry

For the month of February we served 24 neighbors, distributed 904 lbs. of food, and had 493 lbs. donated. The pantry is open the 2nd and 3rd Saturday of each month from 9-10:30 am. If you would like to help with this ministry, please contact Debbie Hill.



Jeannie's Kitchen

The Christian Education Committee provided and served clients at Jeannie's Kitchen with a meal of fried chicken, macaroni and cheese, green beans, watermelon and bananas on May 25th. Thank you for all that served and provided items for this mission. Our next time to serve will be July 27th. If you would like to volunteer for this ministry reach out to David Najarian. We alternate months serving and it is typically the last Tuesday of the month that we serve.



Outdoor Worship

Outdoor worship service at the shelter will begin June 7th at 8:30 am. Worship in the sanctuary will begin at 10:30 am. We look forward to seeing you at one of our services.

July 5th: There will only be a 10:30 service on this day. No Outdoor Worship!



Us Stock the Shelves!

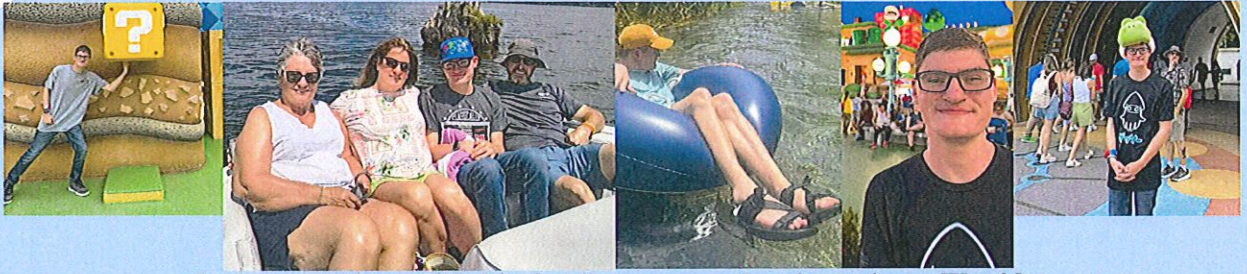
What is needed? Just about anything can help!

Cereal, oatmeal, grits, pancake/muffin mixes, syrup, cereal/fruit bars, pastas & sauces, peanut butter & jelly, canned fruit/fruit cups, canned/pouch meats.

Gift Cards & Monetary Donations are always welcomed as that will allow for the purchases of staple items such as: milk, eggs, butter, cheese, meats, and paper products.

YOU

What are we doing?



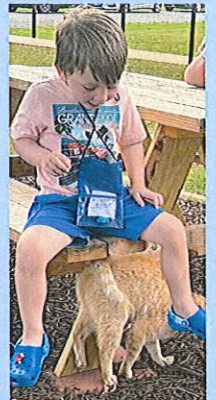
Josh spent time with his family on a graduation trip to Florida.



Emma & Collin at West Point doing their CFT (Cadet Field Training).

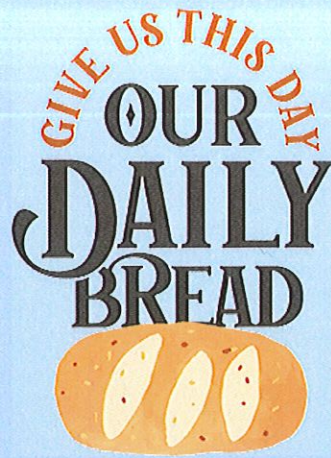


Ella leading devotions at the YMCA Summer Camp.



THANKS FOR
ATTENDING
VBS
2026





I am excited to share that starting in September we will begin receiving Our Daily Bread Devotionals in small and in large print. The shipment dates will be different, so keep that in mind.

For additional devotions, podcasts, audio versions, reading plans and other resources you can go on their website:

www.odbm.org

The website offers the following:

Read:

- Reading Plans
- Reading the Bible
- Discovery Series- additional topics

Listen:

- Audio version of Our Daily Bread
- A variety of podcasts for all ages.

Watch:

- Video devotions

Ministries:

- A variety of church and ministry resources.



What's a Pray-Ground?

Pray-Grounds were introduced only a few years ago in response to a number of shifts and changes in today's Protestant church culture, such as

- parents desiring to have their young children in worship with them;
- parents not wishing to leave their child in a church nursery with a "stranger";
- congregations that do not have enough children to sustain a Sunday School program;
- the understanding that the children can only learn to worship by regularly being in worship;

among other situations unique to each individual congregation.

A Pray-Ground is a designated place in the front of the sanctuary where young children can experience worship through age-appropriate worship materials and tools that will help keep them engaged in what is happening — materials such as children's Bibles and books, coloring/drawing materials, soft toys, Play-Doh and pipe cleaners and other manipulables, items related to the scripture theme such as smooth stones, feathers, shells, etc.



<http://www.karenwarejackson.com/resources.html>

Why a Pray-Ground? (Quotes from church leaders' Facebook posts)

- "I like to think of Pray-Grounds as an accommodation, like a wheelchair ramp or a hearing aid, to help children access worship. Pray-Grounds can be a useful tool and I love how they make it clear that children have a place in the sanctuary."
- "It's important that the kids can see. If the front isn't an option, a clear line of sight is ideal. Very few Pray-Grounds are successful at the back of the sanctuary because the children do not feel a part of worship and tend create their own, more noisy, 'version of worship' for themselves. In the front they can also see what is going on and remain more engaged, thus more attentive and respectful."
- "Pray-Grounds say more loudly than Sunday School programs, "Children are welcome here."
- "Overall, our Pray-Ground is a blessing, and the positive comments come from the people I least expect to hear them from."
- "The Pray-Ground is not just for children; it's for all of us."

How Children Learn

- Young children learn by observing the adults around them.
- Children acquire the "language" of worship by listening to and observing the words the adults around them say, much like how they learn their native tongue.
- Very young children's brains are primed for language as they listen to patterns that their brains will recognize later when they begin speaking words.
- Children are able to process what they hear more effectively when they have something to do with their hands.
- Children love rituals and repetition.

Some Pray-Ground Cautions

- Take it slow. Communicate the concept well and through proper leadership channels before implementing.
- Know your culture. What aspects of your congregation's culture need to be taken into consideration with this model, and how will you adapt (the Pray-Ground and your culture)?
- Set up ground rules. Create a behavioral covenant for the congregation that includes children, adults, worship leaders, and visitors. What age children are invited? What happens if a child gets too noisy? Where should the parents sit? etc.
- Be patient. Both children and adults will need at least a few months before it is clear how and why Pray-Grounds function.

Pray-Ground Resources

Passing On the Faith In the 21st Century: Why Intergenerational Ministry Is Critical to the Life & Health of Your Congregation, Debbie Gline Allen (<https://www.macucc.org/files/websites/www/Passing+On+the+Faith+in+the+21st+Century+for+MACUCC+congregations.pdf>)

Is Church "Developmentally Appropriate" for Kids?, July 30, 2019, Christina Embree (<https://refocusministry.org/2019/07>)

Intergenerational Worship Model (used at Super Saturday, Fall 2018) (<https://www.macucc.org/files/websites/www/Fall+2018+Worship+Bulletin.pdf>)

Ignite Talks: Kids In Worship, Youtube video (<https://www.youtube.com/watch?v=PUDKxgyAhZ4>)

This Is How We Grow Christians, Debbie Gline Allen (<https://www.macucc.org/blogdetail/12413582>)

The Pray-Ground at Grace Lutheran Church in Apple Vally, MN (<https://graceofav.org/prayground/>)

Children's Behavior In Worship: Does Your Congregation Have Reasonable Expectations?, Sarah Bentley Allred (<https://buildfaith.org/childrens-behavior-in-worship-does-your-congregation-have-reasonable-expectations/>)

*We hope you will try this model of inclusiveness in your service of worship.
Let your community know that kids are important!*

Count Your BLESSINGS



The Sunshine Ladies and Wittenberg Lutheran Church helped to fill our food pantry in June.

3000

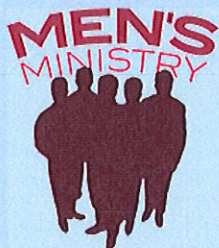
We received \$3000 from the Blanche and Julian Robertson Foundation for our Food Pantry.

\$5000

We received \$5000 each from the Woodson Foundation, The Peeler-Casey Grant, and from a friend of Pastor Sue Lynn's for our Food Pantry.

\$500

We received \$500 from Daily Bread ELCA World Hunger for our Food Pantry,




The Lutheran Men meet the second Sunday of each month at 8:00 am, downstairs in the fellowship hall. They meet for fellowship, discuss ways to meet the needs of the church and of course eat breakfast. All men are welcome to join! They will not be meeting in July.



Galatians 5:1 - "It is for freedom that Christ has set us free."

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 
5 6 th Sunday of Pentecost Worship: 10:30 am No Outside Worship	6	7	8	9	10	11 Food Pantry 9-10:30 am
12 7 th Sunday of Pentecost Outdoor: 8:30 am Worship: 10:30 am	13 Christian Ed. / Youth 6:00 pm	14	15	16	17	18 Food Pantry 9-10:30 am
19 8 th Sunday of Pentecost Outdoor: 8:30 am Worship: 10:30 am	20	21	22	23	24	25
26 9 th Sunday of Pentecost Outdoor: 8:30 am Worship: 10:30 am	27	28	29	30	31	

JULY 2026

make kindness the norm.
 randomactsofkindness.org

RANDOM ACTS OF KINDNESS FOUNDATION

SCIENCE SPARK: EVEN SMALL, RANDOM ACTS OF KINDNESS RELEASE ENDORPHINS—THE BRAIN'S NATURAL PAINKILLERS—CREATING A LITERAL "WARM GLOW."

JUNE							AUGUST							MON	TUE	WED	THU	FRI	SAT
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S						
31	1	2	3	4	5	6	26	27	28	29	30	31	1	30	1	2	3	4	11
7	8	9	10	11	12	13	2	3	4	5	6	7	8						
14	15	16	17	18	19	20	9	10	11	12	13	14	15						
21	22	23	24	25	26	27	16	17	18	19	20	21	22						
28	29	30	1	2	3	4	23	24	25	26	27	28	29						
5	6	7	8	9	10	11	30	31	1	2	3	4	5						
5	12	19	26	3	10	17	24	31	7	14	21	28	5	12	19	26	3	10	
Donate toys, clothes, or books you've outgrown to a community center or charity shop.	Make bright, happy cards and secretly leave them where someone will find them.	Make a "Thank You Snack Pack" (fruit, drink, note) for a delivery driver or worker.	Have a Family Kindness Scavenger Hunt! See who can do five good deeds the fastest.	Write a thank-you note or draw a picture for someone who helps you every day.	Share a treat—ice cream, fruit, or cookies—with a friend. Sweetness shared = smiles doubled.	Paint RAK Rocks with uplifting words and hide them around your community.	Share your favorite happy song with a friend or make a "Kindness Playlist."	Pick up litter safely at a park or playground. A clean planet = a kind planet!	Hold doors open, smile at strangers, and give genuine compliments all day/long.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Offer cool drinks or fruit to outdoor workers, delivery people, or anyone braving the heat.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Check in with a friend who's been quiet lately—listening is a superpower.	Check in with a friend who's been quiet lately—listening is a superpower.	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Write a silly poem or draw a funny picture to make someone laugh today.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.	
6	13	20	27	7	14	21	28	6	13	20	27	4	11	18	25	31	3	10	
Write a thank-you note or draw a picture for someone who helps you every day.	Share a treat—ice cream, fruit, or cookies—with a friend. Sweetness shared = smiles doubled.	Paint RAK Rocks with uplifting words and hide them around your community.	Share your favorite happy song with a friend or make a "Kindness Playlist."	Write a thank-you note or draw a picture for someone who helps you every day.	Share a treat—ice cream, fruit, or cookies—with a friend. Sweetness shared = smiles doubled.	Paint RAK Rocks with uplifting words and hide them around your community.	Share your favorite happy song with a friend or make a "Kindness Playlist."	Pick up litter safely at a park or playground. A clean planet = a kind planet!	Hold doors open, smile at strangers, and give genuine compliments all day/long.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Offer cool drinks or fruit to outdoor workers, delivery people, or anyone braving the heat.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Offer to water a neighbor's plants or help walk their pet while they're busy.	Check in with a friend who's been quiet lately—listening is a superpower.	Check in with a friend who's been quiet lately—listening is a superpower.	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Write a silly poem or draw a funny picture to make someone laugh today.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.	
7	14	21	28	8	15	22	29	7	14	21	28	5	12	19	26	31	3	10	
Start a Kindness Chain Reaction—do one good deed and challenge a friend to keep it going.	Create a Kindness Coupon Book (free hugs, clean room, help with homework, game night).	Check in with a friend who's been quiet lately—listening is a superpower.	Add a few books to a Little Free Library—or start one with friends.	Start a Kindness Chain Reaction—do one good deed and challenge a friend to keep it going.	Create a Kindness Coupon Book (free hugs, clean room, help with homework, game night).	Check in with a friend who's been quiet lately—listening is a superpower.	Add a few books to a Little Free Library—or start one with friends.	Start a Kindness Chain Reaction—do one good deed and challenge a friend to keep it going.	Create a Kindness Coupon Book (free hugs, clean room, help with homework, game night).	Check in with a friend who's been quiet lately—listening is a superpower.	Add a few books to a Little Free Library—or start one with friends.	Start a Kindness Chain Reaction—do one good deed and challenge a friend to keep it going.	Create a Kindness Coupon Book (free hugs, clean room, help with homework, game night).	Check in with a friend who's been quiet lately—listening is a superpower.	Add a few books to a Little Free Library—or start one with friends.	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Write a silly poem or draw a funny picture to make someone laugh today.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.	
8	15	22	29	9	16	23	30	8	15	22	29	6	13	20	27	31	3	10	
Share flowers, snacks, or a handmade card with a neighbor or classmate.	Call or message a grandparent, teacher, or friend just to say, "You matter to me."	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Use sidewalk chalk to write cheerful messages like "You're enough!" or "Have a great day!"	Share flowers, snacks, or a handmade card with a neighbor or classmate.	Call or message a grandparent, teacher, or friend just to say, "You matter to me."	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Use sidewalk chalk to write cheerful messages like "You're enough!" or "Have a great day!"	Share flowers, snacks, or a handmade card with a neighbor or classmate.	Call or message a grandparent, teacher, or friend just to say, "You matter to me."	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Use sidewalk chalk to write cheerful messages like "You're enough!" or "Have a great day!"	Share flowers, snacks, or a handmade card with a neighbor or classmate.	Call or message a grandparent, teacher, or friend just to say, "You matter to me."	Drop off thank-you cards or baked treats to community helpers—like nurses or bus drivers.	Use sidewalk chalk to write cheerful messages like "You're enough!" or "Have a great day!"	Write a silly poem or draw a funny picture to make someone laugh today.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.	
9	16	23	30	10	17	24	31	9	16	23	30	7	14	21	28	31	3	10	
Volunteer as a family—help at an animal shelter, garden, or community project.	Write a kind review or post online about a local place you love.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.		Volunteer as a family—help at an animal shelter, garden, or community project.	Write a kind review or post online about a local place you love.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.		Volunteer as a family—help at an animal shelter, garden, or community project.	Write a kind review or post online about a local place you love.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.		Volunteer as a family—help at an animal shelter, garden, or community project.	Write a kind review or post online about a local place you love.	Let someone go first in line, pick the game, or choose the movie—share the spotlight.					